



Course Syllabus

Course	Leaps and Turns
Class Times	Thursday Period 3B 10:12-11:07AM
Location	Gyms South 2 - Dance Studio
Instructor	Tara Ward
Email	tward@icpa-ca.org

COURSE DESCRIPTION

This class focuses on learning the techniques needed to successfully perform the jumps and turns found in all genres of dance. Class work will concentrate on learning to understand the proper alignment, positioning, and muscles used in a variety of jumps and turn. Additionally, students will learn to integrate the techniques studied in class into various styles of choreography including jazz, ballet, and modern.

OBJECTIVES

- To learn and improve upon turning techniques including piques, chaines, jazz, turns, pencil turns, attitude turns, arabesque turns, turns in a la seconde, and fouettes.
- To understand the correct terminology associated with the different styles of jumping and turning.
- To learn and improve upon jumping techniques including axels, single stags, double stags, saut de chats, side leaps, and switch leaps.
- To learn how to incorporate jumping and turning techniques seamlessly into choreography.
- To demonstrate and improve students' musicality and rhythm

COURSE CONTENT

- Warm up, stretching, and core work
- Beginning/Intermediate/Advanced work includes:
 - Developing the correct technique for basic turns and jumps
 - Demonstrating knowledge of correct technique and how to improve students' own performance.
- Combination sequences that include jumps and turns in conjunction with the techniques learned in other classes.

ASSIGNMENTS, ACTIVITIES & ASSESSMENT

- Each student will be required to perform a one-minute final performance of their own choreography that includes multiple examples of the techniques learned throughout the semester.
- Students will be required to complete a terminology midterm exam demonstrating their understanding of class terminology and how to properly execute class techniques,
- All students will be required to participate in the Fall Dance Concert and the End of Semester School Performance.

GRADING

<u>Assignments</u>	<u>Points</u>
Midterm Exam	100
Final exam performance	200
Participation/Attendance	500
Total Points Available	800

<u>Letter Grade Points</u>	<u>Letter Grade</u>
720 - 800	A
640 - 719	B
560 - 639	C

REQUIREMENTS

Studio Rules

1. No eating, drinking or chewing gum in the studio, with the exception of water.
2. No street shoes allowed on the studio dance floor, street shoes must be taken off at the door.
3. Do not leave personal belongings unattended.
4. Do not lean or hang on the barre.
5. Please follow proper dress codes assigned for this class.
6. Respect other dancers, teachers, and their belongings at all times.

Expectations

1. Proper understanding and execution of class techniques is required in order to be successful in this class.
2. If a student is tardy to class three times, it will count as one absence.
3. Three unexcused absences will result in a student's grade being lowered one letter grade.

4. If a student attends class without the appropriate dress code, they will be asked to take notes and the day will count as one tardy.
5. Excessive talking and any misbehavior will also lower student's participation grade. **Excused** (unavoidable) absences from class will not be deducted from student's participation grade, however, It is the student's responsibility to turn in a written excuse signed by a parent or guardian for any class missed.
6. It is the student's responsibility to find out what was covered/assigned for any missed class.
7. Arrangements must be made with the instructor to make up any missed in-class activity/assignments or tests. Work that is not made up within a week of an absence will receive zero credit.
8. If a student is unable to participate in class because of illness or injury, student must sit against the wall and take notes. Notes must be turned in at the end of class in order to receive attendance/participation credit for that day.

DRESS CODE (see attached):

LEAPS & TURNS

- **Girls:** black dance top, black tights, shorts or leggings, black modern dance sandal or black dance paw, hair in a bun
 - **Boys:** black T-shirt, tank or muscle shirt, black dance pant, black modern dance sandal or black dance paw, hair low or pulled back
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- Students must wear appropriate dance attire at all times.
 - Hair must be securely fastened away from the face.
 - No Jewelry or flip flops.
 - No short shorts, tight jeans, or crop tops allowed.